

Pickup Family Neurosciences Institute Presents

2023 Neuroscience Nursing Symposium

Saturday, November 11, 2023
8:00 A.M. – 4:00 P.M.

The Waterfront Beach Resort, A Hilton Hotel
Huntington Beach, California

In-person and Virtual



Pickup Family
Neurosciences Institute



www.Hoag.org/NeuroNursingSymposium

Clinical Objectives

- Describe what factors contribute to the development of resiliency when faced with a Parkinson's Disease diagnosis at an early age.
- Recognize the key role of a crisis response team in decreasing workplace violence. Discuss the role of the crisis response team in coordinating care between psychiatry, addiction, and pain when a crisis develops.
- Review the correlation between Epilepsy and mental health issues, while removing any implicit bias associated with psychogenic non-epileptic seizures and mental health issues in patients with Epilepsy.
- Define evidence-based interventions that boost levels of positive emotion and may promote recovery of function after brain injury.
- Describe how Vagus Nerve Stimulation paired with rehabilitation promotes neuroplasticity to regain hand and arm function after stroke.
- Review evidence-based care that can be implemented in the community for management of spine patients, using a comprehensive approach.
- Describe how tumor fluorescence and augmented reality can help make brain tumor surgery safer while maximizing resection.
- Define the microbiome of the gut and how it affects our health. Discuss the impact nutrition has on our mental well-being and describe the impact that stress has on the health of our microbiome.
- Describe the emergent neuro-interventional management of acute stroke, aneurysm rupture and carotid dissection.
- Articulate how a nursing fellowship can augment comprehensive training to manage the care of complex chronic neurological diseases.
- Review sleep disorders and sleep hygiene. Discuss the impact of shift work on nursing and health.

Conference Overview

This program will focus on the latest research and evidence-based practices in the care of neurological patients. The multidisciplinary speakers will explore current and future innovations in neurosciences that will lead to optimal patient outcomes. This educational symposium is designed for nurses and other health care professionals interested in advancing their knowledge of neurosciences.

Conference Venue and Accommodations

The Waterfront Hilton Beach Resort, Huntington Beach, California

This 2023 Neuroscience Symposium will be held at The Waterfront Hilton Beach Resort located in Huntington Beach. The oceanfront hotel is within a 15-minute walk of Pacific City and Huntington Beach Pier, offering many shopping and restaurant options. The Waterfront Hilton Beach Resort is conveniently located one hour from Los Angeles International Airport (LAX) and just minutes away from John Wayne Airport, Orange County (SNA). A room block has been secured for this meeting through Friday, October 20, 2023, after which the room block will be released. Room block rates

for this event begin at \$329.00 + resort fees and taxes, per evening. Overnight guest parking is available for \$34 per vehicle and daily parking is \$15 per vehicle. To make a room reservation, call 714-845-8000 and ask for the Hoag Neuroscience Nursing Symposium room block or book online at www.Hoag.org/NeuroNursingSymposium and click the hotel tab. Rooms are based on availability and subject to being sold out.

BRN Contact Hours

Hoag Hospital is approved by the California Board of Registered Nurses, provider number 17163, for a total of **7.0 contact hours** of continuing education credit for registered nurses.

Keynote Presenter

Mr. Jimmy Choi

Parkinson's Warrior



At the age of 27, Jimmy Choi was diagnosed with Young Onset Parkinson's Disease. Upon receiving the diagnosis, Jimmy went into denial and "did nothing" for the next 7-8 years to manage his Parkinson's symptoms. By 2010, he only walked with a cane, and he hit rock-bottom when he fell down a full flight of stairs while carrying his young son, Mason. Thankfully, both were physically unharmed, but fear of the future and fear for his family made Jimmy vow to do whatever it takes to take back control of what Parkinson's had robbed from him physically, mentally, and emotionally. Jimmy turned his

fate around and found fitness as the avenue to overcome all the obstacles that Parkinson's sent his way.

Invited Presenters

Gary Seale, Ph.D., L.P.A., L.C.D.C.

Regional Director of Clinical Services
Centre for Neuro Skills (CNS)

Lynsey Lakin F.N.P.-C., M.S.C.S.

West Coast Neurology
University of California, Riverside

Hoag Presenters

Michael N. Brant-Zawadzki, M.D., F.A.C.R.

Senior Physician Executive, Hoag Hospital
The Ron and Sandi Simon Endowed Chair,
Executive Medical Director Pickup Family
Neurosciences Institute

Vivek Mehta, M.D.

Service Director, Hemorrhagic Stroke
and Epilepsy Neurosurgical Services
Pickup Family Neurosciences Institute

Matthew Reed, M.D.

Chief of Service, Inpatient Pain and
Outpatient Addiction
Medical Director, SolMar Residential Program

James D. Park, D.O.

Co-medical Director, Hoag Epilepsy Program
Pickup Family Neurosciences Institute

Adam S. Kanter, M.D.

Associate Executive Medical Director,
Pickup Family Neurosciences Institute
Chief of Neurosurgery, Hoag Specialty Clinic

Robert G. Louis, M.D., F.A.A.N.S.

Empower360 Endowed Chair in Skull Base
and Minimally Invasive Neurosurgery
Program Director, Pituitary & Skull Base
Surgery Program
Pickup Family Neurosciences Institute

Elizabeth R. Raskin, M.D.

Surgical Director, Margolis Family Inflammatory
Bowel Disease Program
Hoag Digestive Health Institute

Avinash Mesipam, M.D.

Interventional Neuroradiologist
Pickup Family Neurosciences Institute

Alana Sherrill, C.C.S.H., R.P.S.G.T.

Supervisor, Hoag Sleep Program
Voltmer Sleep Center

Program Planning Committee

Sheena Dhiman, B.S.N., M.B.A.

Nurse Navigator, Epilepsy Program

Audrey Johns, M.S.N., R.N.

Nurse Navigator, Multiple Sclerosis Program

Kambria Hittelman, Psy.D., M.B.A.

Executive Director, Pickup Family Neurosciences
Institute and Neurobehavioral Health

**Deb Mastrolia, B.S.N., R.N., C.C.R.N.-K.,
C.N.R.N., S.C.R.N.**

Stroke Program Manager

**Belinda Stewart-Burger M.S.N., R.N., C.R.R.N.,
C.N.R.N., S.C.R.N.**

Nurse Navigator, Movement Disorders Program

Victoria Tomczak, B.S.N., R.N., S.C.R.N.

Nurse Navigator, Stroke Program

Jennifer Lozano B.S.N., R.N.

Nurse Navigator, Brain Tumor Program and
Sarcoma Program

Lauren Kim, M.S.N., R.N.

Nurse Navigator, Hoag Spine Program

Stephanie Martins, B.S.N., R.N., P.H.N.

Nurse Navigator, Memory & Cognitive
Disorders Program

Monica Jones, B.S.N., R.N., C.R.R.N.

Nurse Navigator, Stroke Program

Agenda

7:15 – 8:00 A.M.

Breakfast and Exhibits

8:00 – 8:15 A.M.

Welcome and Program Overview

Deb Mastrolia, B.S.N., R.N., C.C.R.N.-K.,
C.N.R.N., S.C.R.N.

Michael N. Brant-Zawadzki, M.D., F.A.C.R

8:15 – 9:15 A.M.

Keynote Presentation: Resilience Through Parkinson's Disease

Jimmy Choi

9:15 – 9:45 A.M.

Hospital-based Crisis Response Team

Matthew Reed, M.D.

9:45 – 10:15 A.M.

Epilepsy and Mental Illness

James D. Park, D.O.

10:15 – 10:30 A.M.

Morning Break and Exhibits

10:30-11:30 A.M.

Change in Positive Emotion and Recovery of Functional Status Following Acquired Brain Injury

Gary Seales, Ph.D., L.P.A., L.C.D.C.

11:30 A.M. - 12:00 P.M.

New Advances for Stroke Recovery

Vivek Mehta, M.D.

12:00 P.M. – 12:30 P.M.

Providing Evidence Based Care for Spine Patients

Adam S. Kanter, M.D.

12:30 – 1:30 P.M.

Lunch and Exhibits

1:30 – 2:00 P.M.

Do Brain Tumors Really Glow in the Dark? Seeing is Believing

Robert G. Louis, M.D., F.A.A.N.S.

2:00 – 2:30 P.M.

The Mind-Gut Connection: Harmonizing the Microbiome

Elizabeth R. Raskin, M.D.

2:30 – 3:00 P.M.

Critical Care Management of Neurovascular Emergencies

Avinash Mesipam, M.D.

3:00 – 3:30 P.M.

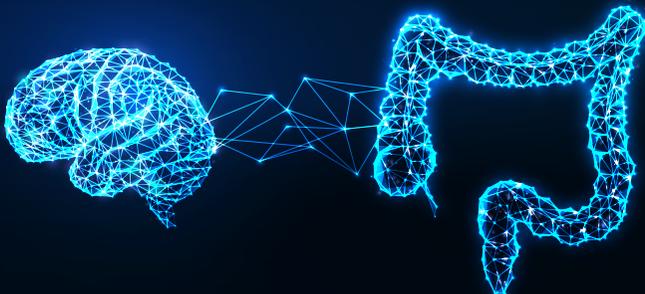
Opportunities for Nurse Residency for Neuroscience Nurses

Lyndsey Lakin, N.P.

3:30 - 4:00 P.M.

Sleeping in 2023

Alana Sherrill, C.C.S.H., R.P.S.G.T.



Registration Information

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Register at www.Hoag.org/NeuroNursingSymposium. Hoag staff should use their Hoag credentials to sign in when registering.

Registered Nurse Registration Fee

- In-person registration: \$175.00
- Virtual registration: \$100

Early Registration

Book **in-person registration** prior to September 15 to receive \$50 off your registration fee. Use code NeuroRN2023 to receive your discount.

Who Should Attend

This conference is intended for nurses and allied health care professionals with an interest in recent advances in the treatment of neuroscience patients.

Cancellations

Written cancellations will be accepted until October 27, 2023. No refunds will be given for cancellations received after October 27, 2023. Refunds will not be honored for no-shows.

